

25th & 26th September

THE EDEN PROJECT

10 - 5pm

X P R E S S

relays festival of extreme sports and expressive arts



WORKSHOPS, SKATING,
FREE RUNNING, DJING,
DANCE, MUSIC,
FASHION SHOW,
PERFORMANCE POETRY,
SHORT FILMS
+ EXHIBITIONS





Free Events/Workshops

INSPIRED BY THE SEA

An exhibition of art work inspired by Cornish surf culture

(Saturday and Sunday)

POETRY CAFÉ

These days poetry is more about the stage than the page. Let our poets be an amusing and unpredictable accompaniment to your cup of tea

(Saturday and Sunday)

MIRAMAR

A dance performance by Impel Dance exploring the beauty and fragility of the environment

(Saturday and Sunday)

SHORT FILMS

A selection of short films made by young people

(Saturday and Sunday)

W.DANCE SHOWCASE

Over 120 young dancers perform a range of different styles, from street dance to traditional Cornish dancing

(Saturday only)

FASHION SHOW

See the latest graduate collections on the catwalk, including glamorous wetsuits for girls

(Saturday only)

URBANISE STREET SPORTS+ARTS

Your chance to try out free running, street soccer, skateboarding, graffiti and DJing

(Saturday only)

DROP IN SKATE SESSIONS

Bring your skateboards + safety gear and have a go on Eden's brand new custom made half pipe

(Sunday only)

B SHARP: DEAD AND ALIVE

A musical performance devised by young people about evolution and mass extinction

(Sunday only)

FREE tickets available across the weekend for the first 500 young people under 26 courtesy of Arts Council England's A Night Less Ordinary scheme - first come, first served.

For more information visit the Eden website, www.edenproject.com and look for



RELAYS is led by Universities South West through a network of regional universities and cultural organisations. It is funded by Legacy Trust UK, an independent charity that has been set up to help build a lasting cultural and sporting legacy from the 2012 Olympic Games and HEFCE (The Higher Education Funding Council for England).



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