




Help others



Play fair and
by the rules




Listen to
instructions



Respect the
coach and
players



Don't go home
with a stranger



Tell an adult if
you are
not happy

What being **SAFE** means to us



If anyone from your club phones or texts you **always** tell your parents what they said.

Bullying can be something that happens just once or it is repeated again and you don't have to put up with it from anyone. **Tell someone.**

If you are worried about something, there is no right or wrong time to tell someone - **just do it!**

If you feel unhappy, sad or frightened, **tell someone you know and trust** like a parent, teacher or coach. Otherwise you might not play as well or have as much fun.



Stay Safe in

Stay close to your friends
play and have fun
offer to help
respect players and coaches
try your best

Information by Young people for Young People

Childline 0800 11 11

www.childline.org.uk

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especially Sam, Ozzie, Alex, Ethan Zak, Charlotte, Jemima and Megan

Believe in children **Barnardo's**



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