

# Cornwall Learning Outdoors



## Learn to Sail

**3 day Introduction to Sailing  
Course at Porthpean Outdoor  
Centre situated in St Austell  
Bay.**

**Ideal for ALL summer holidays.**

Activity will be supervised by a  
qualified RYA Instructor

**Only**

**£80**

**for three days**



### Course dates:

- 27th to 29th July
- 17th to 19th August

### Course will cover

- Sailing in all directions
- Essential Safety know-how
- Launching and recovery
- Essential equipment knowledge
- Wind Awareness
- Capsize and recovery
- A sailing journey (on final day)

For more info contact:

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