

# High Quality Coaching in Cornwall

JAN  
2011  
Issue 3

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## Coaching Development Manager

We are already into the final week of January 2011 and the Christmas and New Year festivities seem just a distant memory!

Please read on and find out the latest coaching developments in Cornwall in our third issue the of High Quality Coaching newsletter, designed to keep coaches, leaders, tutors and partners to up to date with current coaching developments locally, regionally and nationally.

Listed to the left are the topics included in issue 3, look out for the Club & Coach Conference article.

If you have any thoughts, suggestions or burning issues for the next issue please email me on [rharrison@cornwall.go.uk](mailto:rharrison@cornwall.go.uk).

You may also find the links below useful

Regards

Rob



## Over 450 coaches registered on Get Coaching Cornwall



Get Coaching Cornwall, the county's very own online data management system, now has over 450 coaches registered. If you haven't yet joined Cornwall's number one approved coach database, simply click the link below.

It has been developed to support coaches and recruiters who are based in Cornwall as part of our service to support coach development and to assist coaches in finding employment. We work closely with recruiters and employers to ensure coaches are appropriately supported, valued and developed. For employers, our aim is to provide easy links to high quality and professional coaches from a number of sport disciplines.

To take the site further, we are looking for people to register as:

- A coach looking for qualifications and training opportunities
- A coach looking for employment either paid or as a volunteer
- An organisation looking to make use of a volunteer or a paid coach

To register as a coach / coach provider or for more information:  
Click [Get Coaching Cornwall](#)

# Funding Opportunities for Coaches in Cornwall

During the first 9 months of the Cornwall Coach Bursary, the panel has awarded funding to over 50 coaches undertaking National Governing Body (NGB) Level 1 & 2 qualifications throughout Cornwall.

This funding is designed to support coaches develop their coaching pathway.

## NEW - Cornwall Coach Bursary 3

From January 2011, coaches in Cornwall have the opportunity to apply for funding for up to 50% (to a maximum of £150) of National Governing Body (NGB) Level 2 Qualifications or Awards.

Criteria for the Funding are:

- Funding is only available for NGB Level 2 Qualifications
- Applications must be received by the CSP at least one month before the course start date and successful applicants will be informed before the course takes place
- The bursary can not exceed 50% of the total course cost, up to a maximum of £150, the cost of travel, accommodation or food cannot be funded through the bursary
- For your application to be considered, you must be registered with [Get Coaching Cornwall](#)
- Your club has achieved or is Working towards Club Mark or NGB Accreditation Scheme
- Your club has signed up to [Get Active Cornwall](#)
- You must be able to demonstrate a commitment to coaching
- Your application form must be completed and sent to your National Governing Body Development Officer, who will then forward it on to the CSP
- If successful, you will receive payment on completion of the course
- After completing the course, your qualification will need to be uploaded and verified on Get Coaching Cornwall

Closing date for applications is Monday 7th March 2011

All applicants are subject to approval by the Coaching System Support Network panel and all applicants will be informed whether successful or not two weeks after the panel has met

To download the application form, see full criteria and find out more information click [Bursary 2010/11](#)

**For all other funding information available to coaches please open the link below:**

[Coaching Funding Information - Cornwall Sports Partnership](#)



## Cornwall Club & Coach Conference – 15<sup>th</sup> May 2011



We're delighted to announce that the second Cornwall Club & Coach Conference will be taking place at Truro College on 15th May.

Building on the success of our first conference in 2009, we're organising the event to support all coaches and clubs based in Cornwall to share good practice and up-to-date information.

The conference will also provide the perfect opportunity for coaches and club members from different sports to meet and share information on Cornish turf, and to promote sport in the county.

To reserve your place please contact Rob Harrison on 01872 323348 / [rharrison@cornwall.gov.uk](mailto:rharrison@cornwall.gov.uk)

## Cornwall Sports Awards

On Friday 12<sup>th</sup> November the 2010 Cornwall Sports Awards invited our many unsung sporting heroes to take centre stage, to receive great applause for all their hard volunteering efforts.

The annual event, held for the second year at The Esplanade Hotel in Newquay, on Friday 12 November, welcomed over 200 attendees from across Cornwall; including special guests marathon runner Dave Buzza and backs coach for the Cornish Pirates Harvey Biljon.

Entertainment was also provided in abundance by the evening's compere, Pirate FM presenter Neil Caddy. Opening and closing the ceremony was 18 year old Athletics Ambassador Matt Halton, who last year won the England Athletics Indoor & Outdoor Championships in the shot-put event.

Organised by the Cornwall Sports Partnership, the event is now its fifth year of paying tribute to the many volunteers around the county who dedicate their time and efforts to supporting our strong sports community.

The well-deserved winners for the Coaching Category are as follows:

**In the COACHING category** (*Sponsored by Truro College*)

- Children's Coach of the Year – **Jake Ash**, Penryn College
- Participation Coach of the Year – **Kevin Cooke**, Samurai Karate Club
- Young Coach of the Year U25 – **Joshua Perry**, St Just Cricket Club
- Performance & Development Coach of the Year – **Jon Salfield**, Truro Fencing Club



To find out more information about last year's great event, click [SPORTS AWARDS 2010](#)

## Sports Coach UK – update

### UKCC Guide for Coaches

A guide has been created for new coaches, or a coach who is thinking about embarking on a different UKCC level-1 qualification. The guide contains information to help them decide whether coaching is for them, including:

- pre course requirements
- the length of the qualification
- details about what the qualification might lead to



The guide is available on the [Become a Coach](#) section of the Sports Coach UK website

### 10 Top Tips for Goal Setting

As coaches, we've all set goals for ourselves and our athletes or teams. Anne Pankhurst shares her top tips for goal setting.

[Download the Top Tips.](#)

### Sports Coaching in the UK III

The report provides a high-level picture of the use of coaching, as well as an insight into the current coaching workforce and its key characteristics.

[To view the report please click here](#)

### Sports Coach UK's Coaching Children Action Plan: An Industry Approach

2010–2013 seeks to develop a sustainable, child-centred approach to the delivery of coaching for children, recognising the needs of delivery partners within each country.

It aims to provide solutions to some of the most pressing issues within children's sport, bringing together all stakeholders and partners with a role to play in realising our vision; UK Coaching Excellence, enabling all children to follow their dreams, have fun and fulfil their potential.

[To view the plan, please click here](#)

## Coaches Corner



[Click here for further details](#)

### DAN is officially launched!

Following the founding of the Duchy Athletics Network (DAN) last year, it celebrated its official launch at the 2010 Mob Match in Falmouth on 28 November.

The event saw over 420 runners come together, representing a good cross-section of road running and triathlon clubs in the county; DAN chair, Andy Moore, and Rob Cockings, DAN club and coach co-ordinator, were therefore delighted to have the opportunity to promote the network to so many clubs and to also catch up with members of the Network clubs.

If you are an Athletics coach and would like further details on the Network, please contact Robert Cockings on 07973 813551 / [rcockings@cornwall.gov.uk](mailto:rcockings@cornwall.gov.uk)

## Get Active Cornwall

Coaches are your clubs registered on Get Active Cornwall  
The website has just got bigger and better this month with the launch of its full activity search.



The upgraded search now offers people the opportunity to look for what's happening across the county and find signposts to the perfect activity for them, based on their own personal requirements....

Whether it be the location, the cost, for males or females, for a specific health condition or disability, the right level of ability, the time of day, or simply a particular activity they're interested in

More and more activity providers are registering with the site and we're hoping the database will soon give an accurate picture of just what's available to Cornish residents. And, equally as important, show us any gaps in the market.

Visit the site: [www.getactivecornwall.co.uk](http://www.getactivecornwall.co.uk)

Or, for further details, please contact Jenna Palmer on 01872 323346 / [jkpalmers@cornwall.gov.uk](mailto:jkpalmers@cornwall.gov.uk)

## Continuing Professional Development (CPD) Opportunities

### March:

- **Typhoo Disability Inclusion Training** 9:30am – 4:30pm £15  
Saturday 5<sup>th</sup> March @ Truro College
- **Safeguarding & Protecting Children** 6:30 – 9:30pm £25  
Thursday 31<sup>st</sup> March @ Newquay Sports Centre

### April:

- **Emergency First Aid** 6:30 – 9:30pm £25  
Monday 4<sup>th</sup> April @ Cornwall FA Offices, Bodmin
- **Safeguarding & Protecting Children** 6:30 – 9:30pm £25  
Wednesday 27<sup>th</sup> April @ Truro College
- **Equity in Your Coaching** 6:30 – 9:30pm £30  
Thursday 28<sup>th</sup> April @ Carn Brea Hub Club

### May:

- **A Guide to Mentoring Sports Coaches** 6:30 – 9:30pm £25  
Tuesday 10<sup>th</sup> May @ Truro College
- **Sports Nutrition** 6:30 – 9:30pm £25  
Wednesday 11<sup>th</sup> May @ Truro College
- **Safeguarding & Protecting Children** 6:30 – 9:30pm £25  
Tuesday 24<sup>th</sup> May @ Cornwall FA Offices, Bodmin

If you would like a course provided that is not advertised please contact Rob Harrison on: 01872 323348 / [rharrison@cornwall.gov.uk](mailto:rharrison@cornwall.gov.uk)

To book on and see the full list of the New Courses & Workshops, Please click

