

High Quality Coaching in Cornwall

April
2010
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Coaching Development Manager

Hello! My name is Robert Harrison and I work for Cornwall Sports Partnership as the New Coaching Development Manager. I have worked for Cornwall Sport Partnership for the past 6 years where I started as a Community Sports Coach.

My post is funded by Sport England through Sports Coach UK and is one of 49 nationally based in every County Sports partnership.

I would like to take this opportunity to introduce you to the first issue of the High Quality Coaching Newsletter, this has been put together to help support coaches in Cornwall and Partners with an interest in coaching to keep up to date with current issues about coaching both Locally & Nationally

Listed to the Left are the topics for issue 1, if you have any thoughts, suggestions or burning issues for the next issue please email me on rharrison@cornwall.gov.uk.

Look out for our [Courses & Workshops Calendar](#) March – August 2010 for up to date Continual Personal Development (CPD) opportunities

Regards,
Rob



Coaching System Support Network (CSSN)

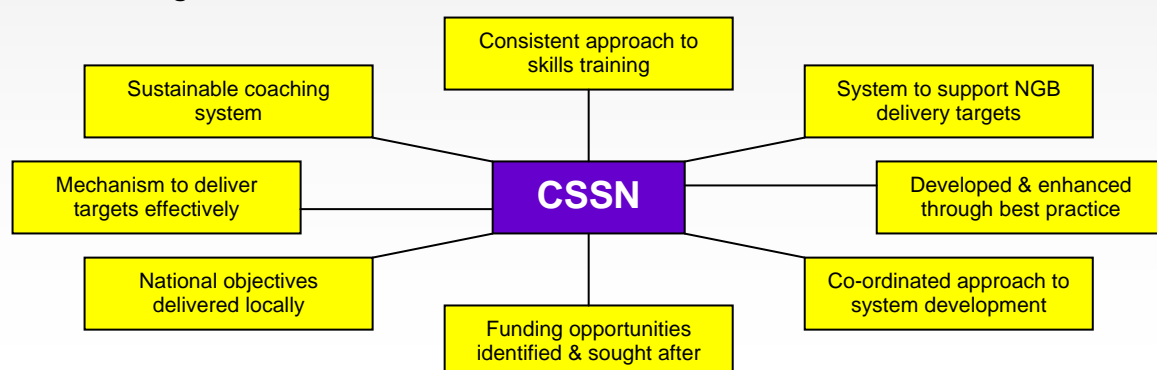
A group has been set up, which has representation from Cornwall Council, National Governing Bodies (NGB), School Sports Partnerships (SSP), Cornwall Sports Partnership (CSP), Sports Coach UK (SCUK), Skills Active, Private Coaching Providers, Further Education (FE) & Higher Education (HE).

The groups **VISION** - Create a cohesive, ethical, inclusive and valued coaching system at a local level, where more appropriately skilled coaches are available to support children, players and athletes at all stages of their development in sport.

For more detailed insight into the New CSSN in Cornwall please visit www.cornwallsportspartnership.co.uk and click on High Quality Coaching

If you are interested to attend the CSSN or have an issue or challenges around sports coaching for the CSSN to resolve please contact Rob Harrison rharrison@cornwall.gov.uk

Please see diagram below of the Benefits of a structured local CSSN:



New CSP Coach Database – ‘Get Coaching Cornwall’

Cornwall Sports Partnership has invested in an online data management system which goes live on the 6th April – this system has a number of benefits for coaches including:



- Collates an online database of coaches in Cornwall
- Provides verifying and quality assurance services
- Communicates with coaches to update courses & opportunities
- Sends out targeted emails from searches
- Runs licensing scheme
- Uploads and store qualifications and documents
- Registers and manages providers and requests for coaches
- Approves Minimum Standards for Deployment
- And many more

To Register: Visit www.cornwallsportspartnership.co.uk and click the link ‘Get Coaching Cornwall’

Coaching Bursaries

From 4th May 2010 Coaches in Cornwall will have the opportunity to apply **for up to 50%** funding towards UKCC Level 1 and Level 2 courses. This funding is designed to support new coaches to get into coaching and develop existing coaches through their coaching pathway.

Criteria for the Funding are:

- NGB support
- Linked with a ClubMark or NGB Accredited Club
- Can demonstrate a commitment to coaching
- Payment on completion of course and the qualification has been uploaded and verified on Get Coaching Cornwall

To sign up to Get Coaching Cornwall and click the link to the Bursary application by visiting: www.cornwallsportspartnership.co.uk and click on High Quality Coaching

Minimum Standards for Deployment (MSD)

These standards have been developed by Sports Coach UK and have been adopted by the Cornwall Sports Partnership in conjunction with School Sports Partnerships, National Governing Bodies and Cornwall Council. Every Coach will need to achieve these standards, if they wish to deliver within educational environments including after school clubs.

For support on achieving these MSD please contact Rob Harrison rharrison@cornwall.gov.uk

Criteria	Definition	Rationale
Minimum Age	Assistant Coach 16+ years	The reason for the age split is to ensure that a lead Coach or Independent Deliverer is also an adult.
	Lead Coach or Independent Deliverer 18+ years	
Appropriate Qualifications	Assistant Coach UKCC Level 1	For any non-UKCC qualification, confirmation would need to be sought from the Sports Specific Governing Body to clarify if the qualification enables / allows them to lead or Independently deliver.
	Lead Coach or Independent Deliverer UKCC Level 2 or above including <ul style="list-style-type: none"> ○ Safeguarding & Protecting Children ○ Emergency First Aid (Min 3hour) 	
Insurance (National Governing Bodies & Sports Coach UK provide cover for Qualified Coaches)	Insurance policy that covers the coach for the duties to be undertaken to the value of £5,000,000.	To ensure the coach as well as participant is insured. Some organisations / schools hold their own insurance to cover coaches.
Enhanced Criminal Records Bureau check	Disclosure and Enhanced CRB	
Policies:	A provider would need to have the relevant policies and be implementing them and a coach would need to sign up to the policies	Identifying areas of best practice and importantly that they are implemented by the provider and the coach.
Code of Conduct		
Equality		
Participant Welfare		
Health & Safety		

Sports Coach UK - update

Sports Coach UK is dedicated to guiding the development and implementation of a coaching system, recognised as a world leader, for all coaches at every level in the UK.

The UK Coaching Framework - developed following an extensive consultation process led by sports coach UK - provides the blueprint to achieve this.

The vision of the UK Coaching Framework is to create a cohesive, ethical, inclusive and valued coaching system where skilled coaches support children, adults, players and athletes at all stages of their development in sport, and that is world-leading by 2016.

The Framework highlights how sports coach UK plans to work in close partnership with governing bodies of sport and each of the home country sports councils to enhance the quality and quantity of coaches at all levels of sport, leading to increased and sustained participation and improved performance. This will be underpinned by:

- clear career structures for coaches as part of professionally regulated vocation, recognising volunteer and part/full-time roles
- a cohesive and world-leading coaching system

To achieve this sports coach UK's core areas of work are:

- **Strategic Role**
- **Expert Advice**
- **Research and development**

For more information visit: www.sportscoachuk.org

Transformational Coaching

The South West Talent Development Centre is a joint initiative between the University of Bath and Sport England.

Its objective is to maximize the potential of people from the South West to progress to elite levels in sport by providing support to and building the capacity of National Governing Bodies; to implement their talent pathways in the South West.

To support coaches in the South West, the Talent Centre is sponsoring Transformational Coaching - a professional development programme for coaches. Led by Brian Ashton, the University of Bath's Director of Coaching, and employing his philosophy of doing Something Completely Different, the Transformational Coaching programme is designed to develop capability as opposed to just teaching the 'best way' or providing 'good practice'. The course aims to increase the effectiveness of coaches in understanding and creating dynamic high quality training environments that nurture emerging performance athletes by equipping them with the tools to accurately identify and effectively deal with the barriers to performance.

Over a period of 27 months, coaches will be mentored and participate in a series of 9 interactive coach workshops, underpinned by a guided e-learning programme.

For more information contact:

Paula Jardine

South West Regional Talent Manager
University of Bath, Sports Development, Bath, BA2 7AY

Email: P.R.Jardine@bath.ac.uk Tel: 01225 386670

David Clarke reports on his successful place on **the Transformation Coaching programme at Bath University** which he has started this year, David is a UKCC Level 2 RFU Coach working with St Austell Rugby Football Club in Cornwall.

"Last year Bath University Talent Development Centre started running a 2 year programme for south west coaches who are interested in developing their skills in a creative way and who would like to be involved in identifying and supporting elite athletes.

Rob Harrison sent the original information around in May and the course was quickly subscribed. However, this year applicants were able to apply for a scholarship and I was lucky enough to be accepted, having lost out first time around. The programme initially consists of several weekends at Bath University during the summer working under Brian Ashton, the ex-England Rugby Coach. Titled Transformational Coaching, this programme is designed to develop capability based upon Brian's philosophy of doing Something Completely Different, and developing a dynamic high quality training environment where athletes take ownership of their learning and equipping them with the tools to accurately identify and effectively deal with barriers to their own performance is one of the aims."

Watch this space for updates in forthcoming newsletters, or contact David by email: angelandavid@clark.eclipse.co.uk to find out more information

If you have a story and want to be included in the next addition of the newsletter, please contact Rob Harrison by email rharrison@cornwall.gov.uk

Dates for your diary

Upcoming Courses & Workshops

April:

- CSSN Meeting – Tue 6th @ Truro College
- Sailing – Dinghy Instructor Course – starts Mon 12th @ Portscatho
- Coaching Children & Young People – Wed 21st @ Truro Cricket Centre
- Hockey Level 1 VRQ Coaching Assistant – starts Thurs 22nd @ Truro School
- How to Coach Disabled People in sport – Mon 26th @ Truro Cricket Centre
- Safeguarding & Protecting Children – Wed 28th @ Carn Brea Hub Club

May:

- Working with your SSP – Tue 4th @ CSP office
- Equity in Your Coaching – Wed 5th @ Truro College
- Swimming Level 2 teaching Aquatics – starts Wed 5th @ Carn Brea Leisure Centre
- Rowing (Fixed Seat) Level 2 Coach – starts Sat 8th
- Basketball Level 1 Coach – starts Sun 9th @ Truro College
- Netball Level 1 Coach – starts Sat 15th @ Truro College
- Safeguarding & Protecting Children – Mon 24th @ Bodmin Dragon Centre

To book on and see the full list of Courses & Workshops,
Please click [Courses - Cornwall Sports Partnership](#)



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01872 32 3344 . www.cornwallsportspartnership.co.uk

