



Free Girls Football Coaching for 13 - 16 year olds

Sessions will include lots of fun, skill elements and games delivered by highly qualified coaches, all quality assured by Cornwall Sports Partnership.

Equipment needed by participants:

Generic - shorts, t-shirts, jumpers, waterproofs, football socks, shin pads and a drink

Footwear for Astro - Trainers or Astro Shoes **Footwear for 3G** - Boots, Astro shoes or Trainers

**Safety: No Metal Capped boots to be worn, Shin Pads must be worn, Hair tied back
No jewellery to be worn**

Poltair School St. Austell (Astro)

Mon 4 th	Jan 4-6 pm
Mon 11 th	Jan 4-6 pm
Mon 18 th	Jan 4-6 pm
Mon 25 th	Jan 4-6 pm
Mon 1 st	Feb 4-6 pm
Mon 8 th	Feb 4-6 pm

Cornwall College (Camborne) (3G)

Sat 9 th	Jan 2-4 pm
Sat 16 th	Jan 2-4 pm
Sat 23 rd	Jan 2-4 pm
Sat 30 th	Jan 2-4 pm
Sat 6 th	Feb 2-4 pm
Sat 13 th	Feb 2-4 pm

Callington Community College (3G)

Sat 9 th	Jan 9-11 am
Sat 16 th	Jan 9-11 am
Sat 23 rd	Jan 9-11 am
Sat 30 th	Jan 9-11 am
Sat 6 th	Feb 9-11 am
Sat 13 th	Feb 9-11 am

Helston Sports Centre (Astro)

Mon 4 th	Jan 6-8 pm
Mon 11 th	Jan 6-8 pm
Mon 18 th	Jan 6-8 pm
Mon 25 th	Jan 6-8 pm
Mon 1 st	Feb 6-8 pm
Mon 8 th	Feb 6-8 pm



Return Slip

Name: Age:

Address:

Contact Number(s) Home:

Mobile:

Email address (Needed):

Member of a Club: Yes No (please circle)

If Yes Club Name:

My Daughter wishes to attend the Girls Football Coaching Session at: (please tick)

Poltair Callington Camborne Helston

Parent / Guardian Name:

Signed:



Please Return the slip above to:

Girls Football

Cornwall Sports Partnership
Penweathers Centre
Tresawls Road,
Truro, TR1 3LD

Tel: 01872 323348

Email: rharrison@cornwall.gov.uk

**Once you have returned your slip
you will receive confirmation via email
with further details of the Free Girls Football Sessions**

