

Cornwall Outdoors Summer Activity Programme

Activities run by experienced and qualified staff on a ratio 1-8 offer children and parents exciting and safe childcare for the summer holidays – 28th July – 27th August 2010

We aim for all our activities to be accessible for all children and young people.
If your child needs support to attend an activity please contact us.

Venue & Contact Number	Date	Activity	Times	Cost per person per day	Ages	Pick-up Service
Roseland OEC St Just in Roseland Nr St Mawes TR2 5JA Ofsted Childcare Reg. Telephone: 01326 270885	26.7.10 2.8.10 16.8.10 23.8.10	Family Days - Dinghy Sailing - 1 day learn to sail in a Pico performance sailing dinghy. <i>Free for 'Give it a go' passport holders</i>	9.00 am – 4.00 pm	£30 adult £25 children £100 per family of 4	Children 8-11 & 12-16 years	Unavailable
	28.7.10 4.8.10 11.8.10 25.8.10 1.9.10	Family Days – Lugger Sail Sail on a 19ft Cornish Lugger where you will be taught the basics of sailing allowing you to take charge of the boat and crew. <i>Free for 'Give it a go' passport holders</i>	"	£30 adult £25 children £100 per family of 4	"	"
	29.7.10 5.8.10 18.8.10 27.8.10	Landlubbers – An exciting day full of adventure and discovery – the activities include Canoeing or Sailing and Seashore Safari. <i>Free for 'Give it a go' passport holders</i>	"	£30	"	Free pick-up service at Truro City Football ground Pickup 8.45 am Return 4.45 pm

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Roseland OEC cont. St Just in Roseland Nr St Mawes TR2 5JA Ofsted Childcare Reg. Telephone: 01326 270885	30.7.10 6.8.10 19.8.10 24.8.10	River Explorer – An exciting day full of adventure and discovery – the activities include Canoeing or Sailing and Seashore Safari. <i>Free for 'Give it a go' passport holders</i>	9.00 am – 4.00 pm	£30	Children 8-11 & 12-16 years	Free pick-up service at Truro City Football ground Pickup 8.45 am Return 4.45 pm
	9-10.8.10	Courses – BCU Paddle Power – 2 days	"	£60	"	Free pick-up service at Truro City Football ground Pickup 8.45 am Return 5.00 pm
	11.8.10	Archery/Climbing	"	£30	"	
	12-13.8.10	RYA – Stage 1 – 2 days For the whole week of above activities a discounted price is offered: £125 <i>Free for 'Give it a go' passport holders</i>	"	£60	"	
				£125	"	
Porthpean OEC Castle Gotha Porthpean St Austell PL26 6AZ Ofsted Childcare Reg. Telephone: 01726 72901	Activities running throughout summer period	Canoeing and Kayaking - Taster sessions are a great way to try out canoeing and kayaking where the emphasis is to have fun and learn about the sport. <i>Free for 'Give it a go' passport holders</i>	9.00 am – 4.00 pm	£30	8 upwards. Parents welcome	Transport unavailable
	26.7.10 - 27.8.10.	Sailing - Try Dinghy sailing off Porthpean Beach in our fleet of Laser Picos. <i>Free for 'Give it a go' passport holders</i>	"	£30	"	"

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Porthpean OEC (continued) Castle Gotha Porthpean St Austell PL26 6AZ Ofsted Childcare Reg. Telephone: 01726 72901	Activities running throughout summer period	Sea Kayaking - We offer Sea kayaking day trips and over night expeditions exploring the wildlife along the Cornish coastline. Additional cost for overnight stay. <i>Free for 'Give it a go' passport holders</i>	9.00 am – 4.00 pm	£30	8 Upwards. Parents welcome	Transport unavailable
	26.7.10 - 27.8.10.	Low/High Ropes Course - A truly adrenaline enhancing experience as you negotiate a series of tricky elements on our low and high ropes courses. Test your team building skills on the crate tower and Jacobs Ladder. Full or half-day sessions offered. <i>Free for 'Give it a go' passport holders</i>	"	£30	"	"
	"	Climbing and Archery - We have an indoor climbing wall on site with 14 main routes varying in difficulty. Test your skill and aim on our archery range. These two activities can be combined to make one full days activity. <i>Free for 'Give it a go' passport holders</i>	"	£30	"	"
	"	Problem Solving - from easy to difficult with such problems as the spiders web, trees, stompers and shark island to name a few. Shelter building sessions are also available. <i>Free for 'Give it a go' passport holders</i>	"	£30	"	"

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Porthpean OEC (continued) Castle Gotha Porthpean St Austell PL26 6AZ Ofsted Childcare Reg. Telephone: 01726 72901	Activities running throughout summer period 26.7.10 - 27.8.10.	Sailing and Canoeing - Try cruising the Fowey Estuary in our traditional Drascombe sailing gig; This activity can be paired up with canoeing on the river Fowey. Half or full day session available. <i>Free for 'Give it a go' passport holders</i>	9.00 am – 4.00 pm	£30	8 Upwards. Parents welcome	Transport unavailable
		Cycling - Warm up on our onsite cycle course involving different obstacles - testing balance and skill followed by a cycle out of the centre on one of the many local recognised cycle paths. Half or full day cycling available. <i>Free for 'Give it a go' passport holders</i>	"	£30	"	"
		Coastal Traversing - Test your climbing and swimming skills in this adventurous water sports activity. <i>Free for 'Give it a go' passport holders</i>	"	£30	"	"
		Learn to Sail – 3 day introduction to sailing course. Activity supervised by a qualified RYA instructor. <i>Free to 'Give it a go' passport holders</i>	"	£80 – three days	"	"

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Carnyorth EEC Carnyorth St Just Penzance TR19 7QE Telephone: 01209 721446	Activities running throughout summer period 26.7.10 – 27.8.10	Run Wild Activity Day – Scale the climbing wall, become an archer, try orienteering with a difference (you have to defuse a bomb!) build shelters in the wild, try boating, biking, bushcraft, or take a voyage of discovery on the Dragon Quest or Shipwreck day.	9.30 am – 4.00 pm	£30	8-12 years	Transport unavailable
		Build and cruise a coracle – Build your own boat and sail it over our lake. Free for 'Give a go' passport holders		£30	"	"
Delaware OEC Drakewells Gunnislake PL18 9EH Telephone: 01209 721446	Activities running 12, 13, 20, 27 & 31 August 2010	<ul style="list-style-type: none"> • Climbing & Abseiling. • Mountain bike challenge. • Moor to explore on Dartmoor. • Master the ancient art of archery. • Have a paddle in a Canadian canoe. Free for 'Give it a go' passport holders	9.30 am 4.30 pm	£30	Children 8-16 years	Free pickup service from Callington free car park – 8.45am and return 4.30pm